

Children's Mental Health Waiver Guidance re: Waiver Services

Please keep the following service-specific information in mind as you develop an Individual Service Plan using available waiver services:

Family Care Coordination

 May not include activities/services that constitute the provision of direct services to youth that normally are covered as distinct services (e.g., transportation of the youth and family to sites where waiver services are furnished or to receive State Plan services).

Family Training and Support

- All training for individuals who provide unpaid support to the youth must be directly related to the person's role in supporting the youth in areas specified in the Individual Service Plan.
- Counseling must be aimed at assisting the unpaid caregiver in understanding and meeting the needs of the youth being served.
- This service may not be provided in order to train paid caregivers.

Individual Child Training and Support

- This is one-on-one service with a youth being served.
- Services and activities must be specifically identified in the youth's Individual Service Plan.
- Services and activities must support and enhance the youth's overall service goals.

Respite Care

- This service has established limitations that must be considered in the planning process if the youth's needs require more service units than the limit allows, an Exceptional Service Plan Request must be submitted.
- Payment may not be made for this service if it is furnished at the same time when other services that include care and supervision are provided.